

20 174470 57259

October/November 2009

SOAK AWAY
YOUR STRESS

MEET THE MAESTRO LAURA JACKSON



Over Hill

NEVADA CITY IS THE PERFECT GETAWAY DESTINATION

N AUTUMN WEEKEND IN NEVADA CITY IS A FUN, quick getaway to a charming town set in the Sierra Nevada foothills.

Only an hour and 30 minutes west of Reno, it's an ideal place to capture the golden shades of changing leaves, leisurely stroll the shop-lined streets of a restored mining town, and rejuvenate from life's demands.

The city, with its approximately 3,000 residents, is a perfect blend of old and new.

It's easy to saunter by romantic Victorian houses and imagine what life was like in the mid-1800s when gold flowed from neighboring Deer Creek.

Founded in 1849 during the California Gold Rush, Nevada City soon became a wealthy mining town, and the state's third largest city with a population of 10,000. The downtown was rebuilt after devastating fires in 1856 and 1863. History buffs not only will be surrounded by Victorian splendor but they also can spend time in several museums, checking out artifacts.

But that's not all!

The town is filled with modern amenities, including a contemporary art museum, restaurants that support local growers, and enough shops and boutiques to start your holiday shopping.

You are guaranteed to recreate, repose, refuel, and renew on a trip to Nevada City.



RECREATE

Nevada City and the surrounding area is a haven for many artists. More than 80 local artists open their studios during two weekends in October for the Western Nevada County Art Tour & Sale. This year, the self-guided tour is Oct. 10-11 and Oct. 17-18. Look for bright yellow OPEN STUDIO signs that will guide you to each destination.

Mowen Solinsky Gallery has a nice collection of jewelry, paintings, photography, and furniture with many affordable pieces. Rick Murai, photography professor at Yuba Community College, is showing photos of his recent sabbatical in Bhutan and Laos. MOWEN SOLINSKY GALLERY

225 Broad St. • 530-265-4682

Why not let your own creative juices flow?

Tucked in the rear of My Favorite Things, a cute gift shop located at the top of the town's main street, is a studio called Glitter Girl.

It's a perfect space to reserve for a bachelorette party or a girls' getaway weekend.

Tina Haller can teach you how to make a variety of things, including tiaras, collage charms, keepsake boxes, and cone hats. The studio seats up to 12 people. MY FAVORITE THINGS/GLITTER GIRL

425 Broad St. • 530-265-4900

Many of the shops sell fine and costume jewelry. But why not make your own special creation?

Mana Beads has an exceptional assortment of pearl, stone, shell, and glass beads ready for that personal design.

Co-owner Pam Klein leads jewelry-making classes from 11:30 a.m. to 2 p.m. on Saturdays and Sundays in the store for groups of six or fewer.

Visit manabeads.com to find out about the classes.

CONTINUED ON PAGE 54

Ryrie's Art & Home



Prints Posters

Original Art

Funusual Gifts

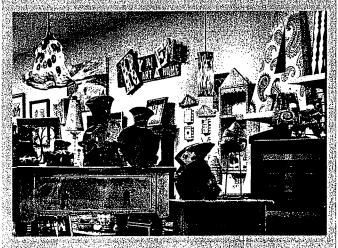
Unique Jewelry

Custom Framing

David Marsh Furniture



Reno/Tahoe Vintage Photographs





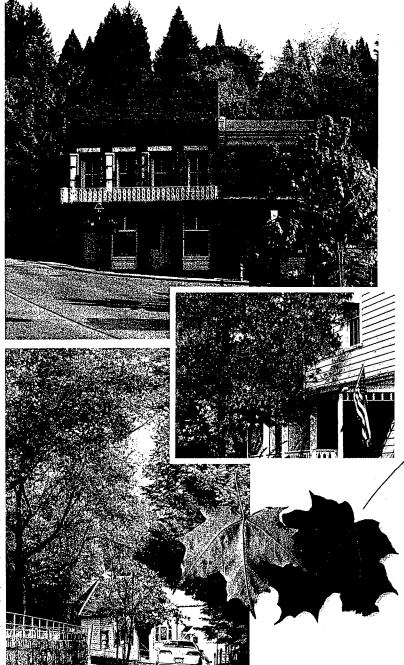
Buyologist/Owner: Ryrie Valdez

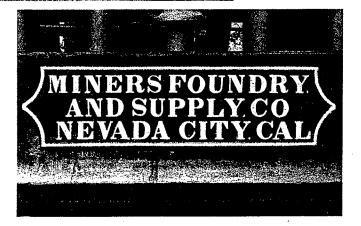
godd gelleny

Mon-Sat 10:30am-5:30pm 775.827.5757

6135 Lakeside Drive, Suite 133, Reno, NV 89511 (South of McCarran, on the way to Windy Hill, across from Bartley Ranch)

Do





CONTINUED FROM PAGE 53

Klein also is planning a special Christmas ornamentmaking class.

MANA BEADS

423 Broad St. • 530-470-8399

RENEW

Working on mind, body, and soul should be part of any weekend excursion to Nevada City.

A quaint, yellow Victorian storefront is home to Jindana, a Thai Therapeutic Spa. An intoxicating aroma invites you up the stairs to experience an hour (or more) of bliss.

A traditional Thai massage, with its stretching, acupressure, gentle rocking motion, and hot herbal packs is guaranteed to ease whatever ails you. Owner Janice Gagnon, who trained in Thailand, is a true healer.

The couples side-by-side Thai massage sounds intriguing for a honeymoon or anniversary celebration. And they say everyone should experience Tandem Thai, two therapists working on the body simultaneously, at least once in a lifetime.

JINDANA THAI THERAPEUTIC SPA 310 ½ Broad St. • 530-265-2404

If a psychic connection is what's needed, Soul Support is the place to get a reading, birth chart, tarot reading, energy cleansing, or soul mate compatibility report. The store, which is open Friday, Saturday, and Sunday, sells candles, crystals, wands, and copper fairies.

From Monday through Thursday, the store is open by appointment only.

SOUL SUPPORT

419 A Broad St. • 530-265-9029

Sometimes, a facial or pedicure is all that's needed to feel restored. Sandy B, a funky salon and boutique, is the place to be pampered.

SANDY B

421 Broad St. • 530-478-5900

REFUEL

The ideal way to plan a trip to Nevada City is to eat about three meals a day. A number of exceptional restaurants are located within the city's two square miles. Several boast of using locally grown or organic produce, while others can claim a quirk like having a rock from the moon.

Since spending a lazy evening in this warm, inviting restaurant with its imaginative menu, I've been attempting to perfect their roast beet salad. The simple combination of beets, arugula, toasted hazelnuts, and shaved goat Gouda with a balsamic and olive oil dressing has converted me to eating beets. Wine lovers

will be awed with the extensive selection. NEW MOON CAFÉ

203 York St. • 530- 265-6399 or newmooncafe.com

This bistro is nationally touted for its French country cuisine. It offers casual dining and a wine bar in the front and more elegant, secluded seating in the rear. CITRONEÉ BISTRO & WINE BAR

320 Broad St. • 530-265-5697 or citroneebistro.com

This is a locals' favorite for its fondue and friendly bar with live music. Sit in a booth and enjoy the entertainment and a yummy dessert.

FRIAR TUCK'S

111 N. Pine St. • 530- 265-9093 or friartucks.com

Sitting on the patio next to a pond with a trickling waterfall was the ideal way to lunch with a delicious curry dish and refuel for an afternoon of walking.

SOPA THAI CUISINE

312-316 Commercial St. • 530 470-0101 or sopathai.net

REFRESH

The area is known as Northern Sierra Wine Country. Nevada County has 15 wineries and boasts a varied terrain that delivers a variety of grapes and wines. A connoisseur would enjoy visiting the vineyards' tasting rooms. For those that want to stay downtown and sample, visit the tasting rooms for Nevada City Winery or Indian Springs Vineyards.

NEVADA CITY WINERY 321 Spring St. • 530-265-9463

INDIAN SPRINGS VINEYARDS

303 Broad St. • 530-478-1068

REPOSE

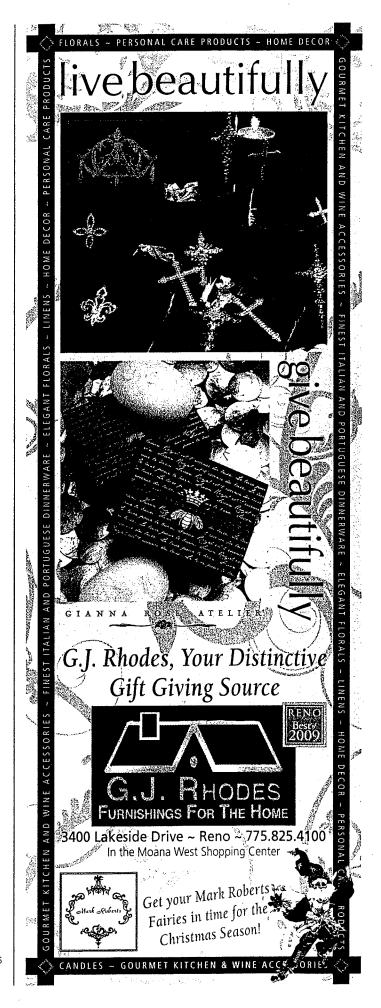
Two grand Victorian houses have been converted into bed and breakfast inns that are within walking distance to downtown. Since both offer a gourmet breakfast to start the day, the decision of where to stay might be based on availability or preferred ambiance.

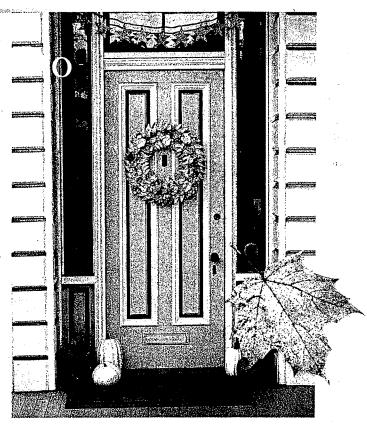
Bella Rosa Inn is the best combination of the old and new with a modern elegance.

The six rooms are nicely decorated, each in its own color theme. If watching a football game is a must while staying there, every room has flat-screen televisions. The Japanese-inspired garden and the great room are lovely for sipping a glass of wine while nibbling on hors d'oeuvres, but the massage therapy room in the basement is most inviting. Co-owner Gina Ramos has several massage therapists on call.

BELLA ROSA INN

CONTINUED ON PAGE 56





517 West Broad St. • 530-265-9055

The Emma Nevada House has six charmingly decorated rooms. Sit on the balcony with its fountain and numerous potted plants while innkeeper Susan Knotts Howard serves an enjoyable breakfast. Winnie, an Australian shepherd, freely hobbles around the property, so, if allergic, take that into consideration. EMMA NEVADA HOUSE

528 East Broad St. • 530-265-4415

Other suggested accommodations:

DEER CREEK INN

116 Nevada St. • 530-265-0363 or deercreekinn.com

OUTSIDE INN

575 E. Broad St. • 530-265-2233



Upcoming Events

VICTORIAN CHRISTMAS = DEC. 2, 9, 13, 16, 20. Downtown streets are closed to vehicles, and Nevada City is transformed for this free event. Street vendors sell treats reflective of the Victorian era and dress in period attire.

If you go:

Take Interstate 80 west to California 20 west, exit 161, toward Nevada City/Grass Valley. Drive approximately 27 miles and turn left on Coyote Street, which becomes Union Aly. Turn left on Broad Street. Broad Street is the main street in Nevada City.



The Collection Aura

(The Radiant Woman)) Forever Friend ~ Sensual Lovers Magnificent Mom ~ Treasured Daughter

("There's No Pla**Se** Like Home") `Blues-B-Gone ~ Devoted Dogs´ Culinary Queen ~ Ahh... Bath ~ Home At Last

(Sunshine & Fresh Air... Food for the Soul) Garden Glory ~ Playful Picnic ~ Beachin' It

auradelafemme.com (775) 750-3733



CALIFORNIA INTEGRATED Waste Management Board



1001 I Street, Sacramento, California 95814 • P.O. Box 4025, Sacramento, California 95812-4025 (916) 341-6000 • WWW.CIWMB.CA.GOV

MARGO REID BROWN CHAIR

October 15, 2009

MBROWN@CIWMB.CA.GOV (916) 341-6051

Mr. Gene Albaugh City of Nevada City 317 Broad St., Nevada City, CA 95959

SHEILA JAMES KUEHL SKUEHL@CIWMB.CA.GOV (916) 341-6039

Submittal of 2008 Annual Report Review for Nevada City

JOHN LAIRD JLAIRD@CIWMB.CA.GOV (916) 341-6010 Dear Mr. Albaugh:

In accordance with the Integrated Waste Management Act (IWMA) the California Integrated Waste Management Board (CIWMB) staff must review a jurisdiction's Annual Report within 120 days. The intent of the Annual Report review is to review a jurisdiction's implementation of its Source Reduction and Recycling Element (SRRE) and Household Hazardous Waste Element (HHWE) programs.

CAROLE MIGDEN CMIGDEN@CIWMB.CA.GOV (916) 341-6024 Based upon my preliminary review, no further 2008 Annual Report information is needed at this time and the City's review is complete. The CIWMB staff recommended per capita disposal indicators for all jurisdictions will be posted at:

http://www.ciwmb.ca.gov/LGTools/MARS/DRMCMain.asp.

Also, to better assist officials in understanding the Solid Waste Disposal Measurement Act (SB 1016), an informative video and more information is on the web at: www.ciwmb.ca.gov/LGCentral/GoalMeasure/default.htm.

Rosalie Mulé RMULE@CIWMB.CA.GOV (916) 341-6016 Please note that the jurisdiction's per capita disposal rate is not determinative as to whether the jurisdiction has made a good faith effort to implement its source reduction and recycling element or its household hazardous waste element. Program information submitted with the Annual Report and discussed with the City's and Board staff will be included in a scheduled review, every four years to evaluate jurisdiction efforts in meeting disposal reduction requirements. The next Board Review cycle will commence after the submittal of the 2011 Annual Report for jurisdictions on a four-year review cycle.



I commend the work that your jurisdiction has done to implement its waste diversion programs and I look forward to working with you in the coming year. Should you have any questions about the 2008 Annual Report review process or questions on specific program activities of the Board or need examples of material-specific program implementation, please contact me at (916) 341-6463 or by reply email.

Respectfully,

Alan White Integrated Waste Management Specialist